

## Adjustments for SingleTouch™ Control

For maximum seating comfort, we recommend that you adjust your chair in the numerical steps indicated below. Scan QR code for video instructions.



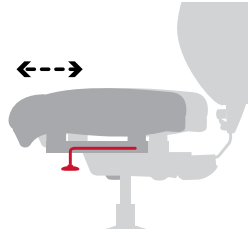
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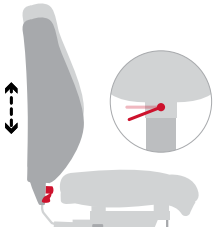
### 1 Seat Height

While seated, lift the lever and the chair will go down. Remove your weight from the chair, lift the lever, and the chair will rise.



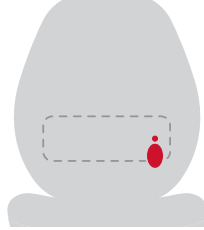
### 2 Seat Depth (Optional)

While seated, lift the lever, slide yourself forward or back to desired seat depth. Remove your weight from the chair, lift the lever, and the seat will reset.



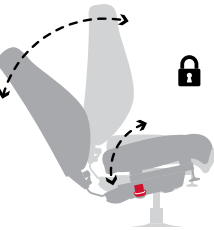
### 3 Backrest Height

Lean slightly forward, lift the lever and guide the backrest up or down with both hands. Release the lever and the backrest will lock in place.



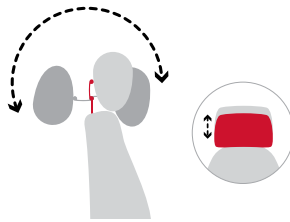
### 4 Air Lumbar (Optional)

On the right side of outer backrest shell, pump the rubber bulb for more lumbar support or press the button for less.



### 5 Backrest & Seat Angle

While lifting the lever, get into your normal working posture. The seat and back will move into position to support you. Release the lever to lock in place.



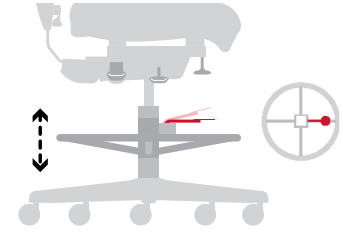
### 6 Headrest (Optional)

Lift the headrest up to adjust the height. It will reset at its topmost position. With both hands, position the headrest to any angle you desire.



### 7 Footring Height (Optional)

Hold the footring at your desired height, turn the entire ring counter-clockwise to loosen and turn clockwise to lock at your desired height.



### 8 Standing Height (Optional)

Lift the lever with one hand and raise or lower the ring with your other hand. Release the lever to lock the ring in your desired position.



### 9 Anti-Runaway Casters (Optional)

Sit in the chair, your body weight will allow the casters to roll freely. Remove your weight from the chair and the casters will lock.



### 10 Manual Locking Casters (Optional)

When your chair is in your desired location, click the tab down on each caster to lock in place. Click the tab up to unlock and roll the chair freely.



### 11 Locking Casters (Optional)

Sit in the chair, your body weight will lock the casters and prevent the chair from rolling. Remove your weight to roll the chair freely.