

Adjustments for XtremeDuty™ Control

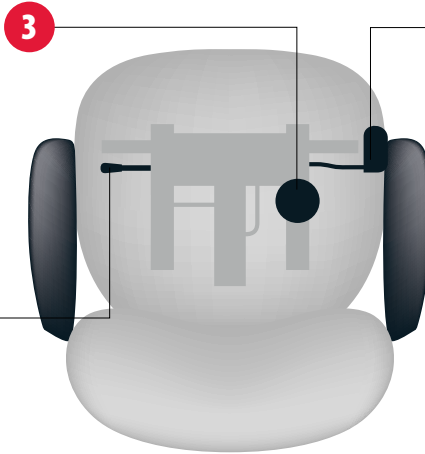
For maximum seating comfort we recommend that you adjust your chair in the numerical steps indicated below.

Rocking Tension **3**

The tension adjustment provides a controlled rocking motion to the chair. Put the chair in rocking motion (See tilt lock adjustment). Turn knob tighter or looser to suit your weight.

Seat & Backrest Rocking **2**

Push the pin in to lock the chair in an upright position. Pull the pin out to rock.



1 Seat Height

Lift the lever while seated and the chair will go down. Remove your weight, lift the lever, and the chair will rise. To lock the chair into a fixed upright position, lean forward and push lever in. Pull the lever out to rock.