

Adjustments for SynchroExec™ Control

For maximum seating comfort we recommend that you adjust your chair in the numerical steps indicated below.

Seat Depth 🔼

While lifting the lever, slide yourself forward and backward until with you have 2 - 3 inches between the front of your seat and the back of your knee.

Seat & Backrest Rocking 6

Lean back into the chair and twist forward to allow seat and backrest to rock freely. Twist backward to lock chair into a fixed position.

Backrest Height 3

Lift lever, lean slightly forward and guide the backrest up or down with both hands. Release lever when lumbar region is best supported.

1 Seat Height

Lift the lever while seated and the chair will go down. Remove your weight, lift the lever, and the chair will rise.

Backrest Tension

The tension adjustment provides a controlled rocking motion to the chair. Make sure the chair is in rocking motion (See step 4). Twist forward for more resistance and twist backward for less.

Backrest Angle

Lift lever and lean forward or back to desired backrest angle.

Air Lumbar (Optional)

Pull the bulb from the holder and squeeze. You will feel the bolster inflate. To deflate, simply push the button and lean back into the chair.