

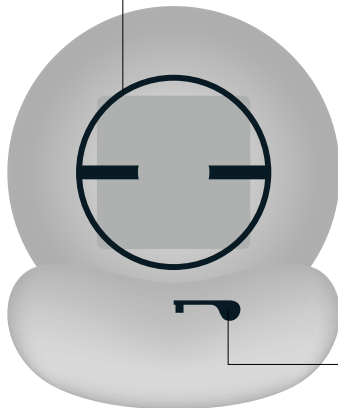


# Adjustments for Swivel Control

*For maximum seating comfort we recommend that you adjust your chair in the numerical steps indicated below.*

## Seat Height **1**

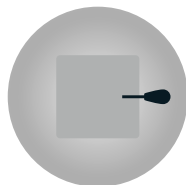
Lift one side of the ring while seated and the chair will go down. Remove your weight, lift the ring, and the chair will rise.



## **2** Backrest Height

Lift lever, lean slightly forward and guide the backrest up or down with both hands. Release lever when lumbar region is best supported.

## Adjustment for Other Seat Height Adjusters



### **Lever Actuated**

Lift the lever while seated and the chair will go down. Remove your weight, lift the lever, and the seat will go down.