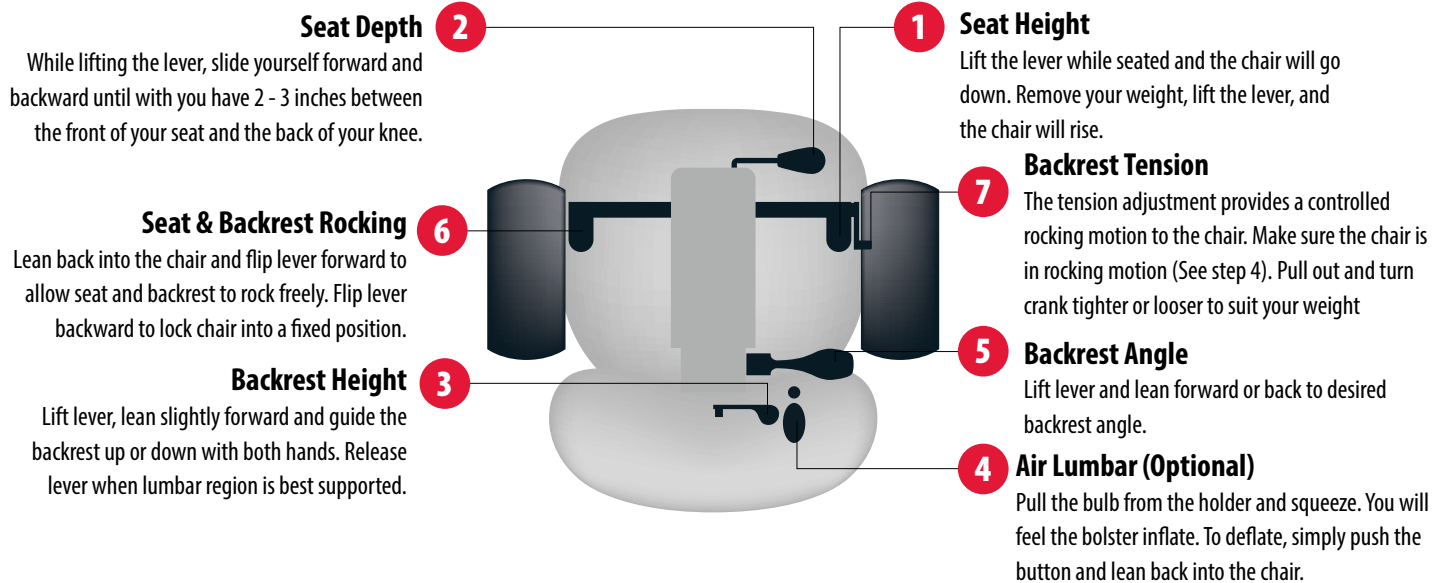


Adjustments for SyncErgo™ Control

For maximum seating comfort we recommend that you adjust your chair in the numerical steps indicated below.



Adjustment for Optional Backrests



Mesh Back Adjustment

Grab the backrest with both hands, lean slightly forward, and lift the backrest until it clicks into place. Lift the backrest all the way up to reset. Twist the lumbar handle to increase or decrease lumbar support.