

Adjustments for MultiFunction™ Control

For maximum seating comfort we recommend that you adjust your chair in the numerical steps indicated below.

Rocking Tension **6**

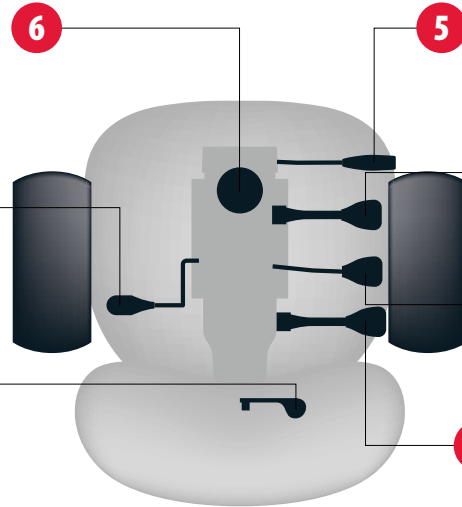
The tension adjustment provides a controlled rocking motion of the chair. Make sure the chair is in rocking mode and turn the dial to loosen or tighten resistance.

Seat Depth **2**

While lifting the lever, slide yourself forward and backward until you have 2 - 3 inches between the front of your seat and the back of your knee.

Backrest Height **3**

Lift lever, lean slightly forward and guide the backrest up or down with both hands. Release lever when lumbar region is best supported.



Seat Angle **5**

While reclined, turn forward to achieve forward seat tilt. While reclined, turn backward to achieve rear seat tilt.

Rocking Mode **7**

Pull the lever up to activate rocking mode. Push the lever back down to lock in any position.

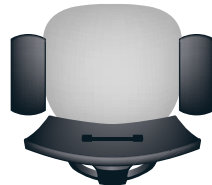
Seat Height **1**

Lift the lever while seated, the chair will go down. Remove your weight, lift the lever, the chair will rise.

Backrest Angle **4**

Pull the lever up to unlock the backrest. Find the angle that best supports you. Push the lever back down to lock in place.

Adjustment for Optional Backrests



Mesh Back Adjustment

Grab the backrest with both hands, lean slightly forward, and lift the backrest until it clicks into place. Lift the backrest all the way up to reset. Twist the lumbar handle to increase or decrease lumbar support.