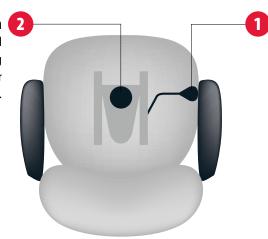
Adjustments for EZ-Tilt™ Control

For maximum seating comfort we recommend that you adjust your chair in the numerical steps indicated below.

Rocking Tension

The tension adjustment provides a controlled rocking motion to the chair. Put the chair in rocking motion (See tilt lock adjustment). Turn knob tighter or looser to suit your weight.



Seat Height

Lift the lever while seated and the chair will go down. Remove your weight, lift the lever, and the chair will rise. To lock the chair into a fixed upright position, lean forward and push lever in. Pull the lever out to rock.