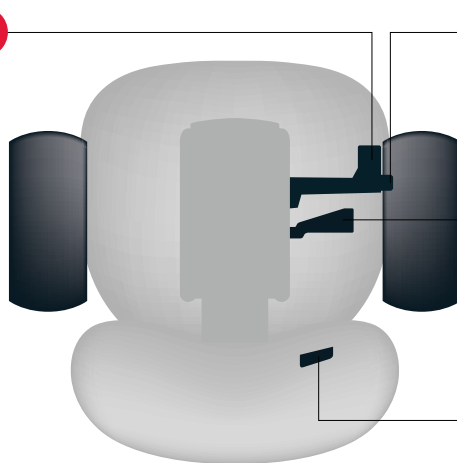


Adjustments for AutoTension™ Control

For maximum seating comfort we recommend that you adjust your chair in the numerical steps indicated below.

1 Seat Height

Lift the lever while seated and the chair will go down. Remove your weight, lift the lever, and the chair will rise.



4 Seat & Backrest Rocking

Lean back and push button to allow seat and backrest to rock freely. Push button to lock the chair into a fixed position.

2 Seat Depth

While lifting the lever, slide yourself forward and backward until with you have 2 - 3 inches between the front of your seat and the back of your knee.

3 Backrest Height

Lift lever, lean slightly forward and guide the backrest up or down with both hands. Release lever when lumbar region is best supported.

Adjustment for Optional Backrests



Mesh Back Adjustment

Grab the backrest with both hands, lean slightly forward, and lift the backrest until it clicks into place. Lift the backrest all the way up to reset. Twist the lumbar handle to increase or decrease lumbar support.