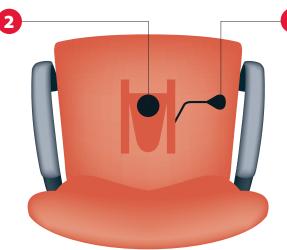
## Adjustments for *EZ-Tilt*™ Control

For maximum seating comfort we recommend that you adjust your chair in the numerical steps indicated below.

## **Rocking Tension**

The tension adjustment provides a controlled rocking motion to the chair. Put the chair in rocking motion (See tilt lock adjustment). Turn knob tighter or looser to suit your weight.



## 1 Seat Height and Tilt Lock

While seated, lift the lever. The chair will go down. Remove your weight from the chair and it will rise. Pull lever out to rock. To lock the chair into a fixed upright position, lean forward and push lever in.