Adjustments for *PostureBack™* Control

For maximum seating comfort we recommend that you adjust your chair in the numerical steps indicated below.

PB

Rocking Tension · 5
This tension adjustment provides a controlled rocking motion to the chair. Put chair in rocking motion (See backrest rocking adjustment). Turn knob tighter or looser to suit your weight.

1 · Seat Height
While seated, lift the lever. The chair will go down. Remove your weight from the chair and it will rise.

4 · Backrest Rocking
Lean back into chair and flip lever up to allow the backrest to rock freely (See rocking tension adjustment). Flip lever down to lock the back into a fixed position.

7 · Arm Height
Immediately under the pad, locate tab. Pull tab up while lifting pad up or down.

6 · Arm Width
Push lever up and slide arm in or out to desired position.

9 · Air Lumbar (Optional)
On the backrest shell, pump bulb to inflate. Press button to deflate.

Arm Angle (Optional) · 8
Lift pad slightly and rotate armrest to align with the angle of your forearms when working.

2 · Backrest Height
Lift lever, lean slightly forward, and guide the backrest up or down with both hands. Release lever when lumbar region is best supported.

Seat Depth (Optional) · 3
Lift lever and slide seat forward or back.

10 · Headrest Height and Angle (Optional)
To raise, pull headrest up to desired height. To lower, pull headrest up to topmost position to disengage, drop to lowest position. Push headrest forward or back to desired position.